

Elizabeth Lee Black Gluten Free Lunch Menu

January 2024



1. <u>NO SCHOOL</u>	2. <u>Lunch</u> BBQ Grilled Chicken a GF Bun Baked French Fries Assorted Fruit Milk	3. <u>Lunch</u> Juicy Cheeseburger on a GF Bun Steamed Broccoli Assorted Fruit Milk	4. <u>Lunch</u> Chicken Patty on a GF Bun Steamed Carrots Assorted Fruit Milk	5. <u>Lunch</u> Gluten Free Cheese Pizza Steamed Mixed vegetables Assorted Jello Milk
8. <u>Lunch</u> Sloppy Joe on a Gluten Free Bun BBQ Baked Beans Assorted Fruit Milk	9. <u>Lunch</u> Gluten Free Grilled Cheese Baked French Fries Assorted Fruit Milk	10. <u>Lunch</u> Gluten Free Pasta and Meatsauce Steamed Broccoli Assorted Fruit Milk	11. <u>Lunch</u> Chicken Patty on a GF Bun Steamed Carrots Assorted Fruit Milk	12. <u>Lunch</u> Gluten Free Cheese Pizza Steamed Peas Assorted Fruit Assorted Jello Milk
15. <u>NO SCHOOL</u>	16. <u>NO SCHOOL</u>	17. <u>Lunch</u> Gluten Free Grilled Cheese Steamed Corn Assorted Fruit Milk	18. <u>Lunch</u> GF Beef Nachos Steamed Carrots Assorted Fruit Milk	19. <u>Lunch</u> Gluten Free Cheese Pizza Steamed Broccoli Assorted Fruit Assorted Sherbet Milk
22. <u>Lunch</u> BBQ Grilled Chicken a GF Bun Steamed Carrots Assorted Fruit Milk	23. <u>Lunch</u> Diced Orange Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	24. <u>Lunch</u> GF Chicken Patty on a Bun Baked Beans Assorted Fruit Milk	25. <u>Lunch</u> GF Macaroni and Cheese w/Bread Steamed Peas Assorted Fruit Milk	26. <u>Lunch</u> Gluten Free Cheese Pizza Steamed Mixed vegetables Assorted Fruit Assorted Jello Milk
29. <u>Lunch</u> Juicy Cheeseburger on a GF Bun Steamed Broccoli Assorted Fruit Milk	30. <u>Lunch</u> Chicken Patty on a GF Bun Steamed Carrots Assorted Fruit Milk	31. <u>Lunch</u> GF Beef Nachos Steamed Carrots Assorted Fruit Milk		

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

In order to qualify for a reimbursable lunch this meal must include the following components:
Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

Daily alternate menu options 9th-12th: Wow Butter & Jelly Sandwich w/ Cheesestick

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